

Year 9 Drop Down Days - overview

- 1 **Being Better – Live-N-Learn**
 - A ‘growth mindset’ workshop focusing on The Power of Yet

- 2 **Being Better – Cost of Living**
 - Students have a guess at how much everyday shopping items cost
 - Students look at what inflation is and how this affects us
 - Students plan a weekly budget of £100 – with chance cards thrown in

- 3 **Being Better – Prejudice and Discrimination**
 - Students play an ‘Apprentice’ style game where they ‘fire’ contestants as they are given more information about them. This results in a discussion of subliminal prejudices we may have
 - Students then consider different types of stereotyping and the prejudices that may come with them; they look at gender stereotyping using Billy Elliot and the BBC’s gender pay gap, and racial prejudice using the Stephen Lawrence case and a recent newspaper article about institutionalised racism within the police force

- 4 **Being Better - Refugees**
 - Students start by considering where refugees come from, and why they come to the UK. Some statistics are shared and discussed, and then students share thoughts about refugees fleeing war zones, using Ukraine as a case study
 - They then consider climate refugees, with reference to recent flooding in Pakistan, and those fleeing persecution
 - Students then annotate a series of images of refugees and asylum seekers around the world, and share ideas, before looking at the language used by mainstream media when talking about these issues

- 5 **Taking Control – First Aid**
 - Students learn how to identify a first aid situation, apply the DR AB principle and call for help if necessary
 - Students learn to identify an unconscious but breathing casualty and put them in the recovery position
 - Students learn to identify an unconscious and not breathing casualty and administer CPR (hands only)

- 6 **Taking Control – Sexualisation and the Media**
 - Pupils create a mindmap on where they see sexualized images in the media
 - Students look at examples of TV/film characters who have been sexualized such as Disney and teen films
 - Students write an advice sheet on how to help young people who have started to be exposed to sexualisation in the media

- 7 **Taking Control - Brook**
 - The Sexual Health and Wellbeing Service comes into school to do a series of bespoke sessions on relevant topics e.g. STIs, contraception, pregnancy and long term relationships

- 8 **Taking Control - Options**
 - Students are talked through the option making process and are given their options booklets to take home

- 9 **Your Changing Body – Teen Parents**
 - Students compare how their daily life would change if they were young parents

- Students look at the financial impact having a child at a young age can have, including costs and benefit entitlements
- Students look at the physical and emotional effects of having a child at a young age

10 **Your Changing Body – Arranged Marriages, Honour Killings and FGM**

- Students watch a video about honour killings and answer some questions related to this
- Students look at and write down the differences between an arranged marriage and a forced marriage
- Students look at the signs of FGM and where to go for help

11 **Your Changing Body – Role Models**

- Students start by considering who they look up to and aspire to be like, before breaking down what makes a good role model
- Using a variety of media, the group consider various celebrities from different worlds and backgrounds (sporting, fashion, music, politics etc.) and discuss whether they make good role models or not, and why
- Students create a personal image or diagram showing what they look for in a role model

12 **Your Changing Body - Vaping**

- Students are reminded of the many dangerous chemicals in cigarettes, before being asked to consider what they know about what goes into vapes
- The group looks at some recent research, and identifies some of the key problems with vaping, before discussing a series of statements and annotating an advert for vapes
- They then discuss the laws around vaping, and have the opportunity to suggest how they might change them to make them less available and appealing to young people, before finishing by watching a TED Talk about the dangers of vaping

13 **Your Changing Body – Body Modification**

- Students consider the pros and cons of getting a tattoo
- Students look at the risks of cosmetic surgery and situations when cosmetic surgery can be used in a positive way
- Students write a speech arguing either for or against getting a tattoo or fillers